

Ice Cream Sundae Strawberry & Toppings (Strawberry Sundae & Toppings)

COOK TEMP		COOK METHOD		SERVING UTENSIL		SERVING SIZE		ALLERGIES							
0.0 °F		Make		Not Specified		3/4 Cup		ⓘ Contains: AllergenEggs; AllergenMilk; Cherry; Strawberry							
NUTRIENTS PER SERVING															
CARBOHYDRATES				CALORIES		SODIUM		PROTEIN		TOTAL FAT		SATURATED FAT			
31 g				230 kcal		125 mg		4 g		11 g		7 g			
INGREDIENTS															
SERVINGS		SERVINGS		SERVINGS		SERVINGS		INGREDIENT PREP		PREPARATION STEP					
25		40		60		75									
1										WASH HANDS before beginning preparation & SANITIZE surfaces & equipment.					
Ice Cream Vanilla Bulk		3 1/4 Qt		1 Gal 2 Cup		1 Gal 5 Cup		2 Gal 2 Cup		Prepare whipped topping according to manufacturer's instructions. Refrigerate whipped topping, syrup and cherries prior to preparation. Keep ice cream frozen until preparation. Take only 1 gallon of ice cream out at a time during preparation. CCP -- Maintain <40F/4C.					
Topping, Whip Base Non-Dairy Frz		4 Oz		6 Oz		9 Oz		11.5 Oz						Prepared	
2 Syrup, Strawberry Flavoring RTS		1 1/2 Cup		2 1/2 Cup		3 3/4 Cup		1 1/4 Qt							
Cherries, Maraschino		25 each		40 each		60 each		75 each							
3										Portion 1/2 cup ice cream topped with 1 Tbsp syrup and 1 Tbsp whipped topping and 1 cherry.					
4										CCP -- Maintain <40F/4C; discard unused product.					

Nutrient Summary: Ice Cream Sundae Strawberry & Toppings (Strawberry Sundae & Toppings)

Serving Size: 3/4 cup | **Allergens:** Strawberry, AllergenEggs, AllergenMilk, Lactose Restricted, Cherry, Cherry, red dye, Milk & Milk Product, Strawberry Extract (and flavor)

MacroNutrients	
Carbohydrates	31 g
Calories	230 kcal
Insoluble Fiber	0 g
Protein	4 g
Total Fat	11 g
Alcohol	0 g
Water	50.49 g
Caffeine	1.33 mg
Total Sugars	23 g
Total Dietary Fiber	1 g
Added Sugar	0 g
Soluble Fiber	0 g
Insoluble Fiber	0 g

Minerals	
Calcium	125 mg
Potassium	200 mg
Sodium	125 mg
Zinc	0.66 mg
Iron	0.4 mg
Magnesium	19.32 mg
Phosphorus	94.32 mg
Copper	0.08 mg
Manganese	0.08 mg

Fatty Acids	
Linoleic FA	0.26 g
Oleic FA	2.76 g
Cholesterol	35 mg
Trans Fats	0 g
Saturated Fat	7 g
Monounsaturated Fat	2.94 g
Polyunsaturated Fat	0.4 g

Vitamins	
Vitamin D	0.2 mcg
Vitamin K	0.96 mcg
Vitamin E	0.76 mg
Vitamin A	85.3 RE
Vitamin C	0.49 mg
Thiamin (B1)	0.04 mg
Riboflavin (B2)	0.19 mg
Niacin (B3)	0.13 mg
Pantothenic Acid	0.44 mg
Vitamin B6	0.04 mg
Total Folacin	4.37 mcg
Vitamin B12	0.29 mcg

Other Information					
Calories from Carbohydrates	52%	Calories from Fat	42%	Calories from Protein	6%
Ply/SatFat	0.06:1	Sodium/Potassium	0.63:1	Calcium/Phosphorus	1.08:1

*Indicates 1 or more Unreported values